

Your BUG OUT BAG

- Things to consider:
- Portable shelter
- Ways to cook food
- food, water, hygiene
- Medicine/medical/first aid/glasses
- Pet supplies
- Clothing
- Sewing kit
- Fire starting materials
- Copies of important documents, ID
- Chargers for electrical items (backups)
- Money! CASH IS KING
- Tools—knives, saw, hammer, rope.
- Consider bartering items (alcohol, tools, etc.)
- Whistle
- Compass
- Extra bags.
- Keys
- Old prescription glasses
- Radio communication
- PPE
- Pen and paper

Use what you already have:

- Mismatched socks-especially thick ones
- Wooden spoons
- Oven mitts
- Old towels
- Small tents/tarps/old sheets
- Old belts/shoelaces/carabiners
- Water bottles missing their straws (but still seal)
- Coffee packets (with sugar, whitener, and stirring stick-free at hotels, etc.)
- Sample sizes (hotels or otherwise) of hygiene items
- Medical supplies on hand (make portable)
- Doggy's old leash/harness
- Cheap hats/gloves/sunglasses from dollar stores or discards
- Old clothes for the donation pile



Assign roles in your household. Ensure everyone knows what they are to grab and practice it or role-play it. Even if it is only one bag or one item they grab- ie/toilet paper. Giving everyone a job to do helps keep everyone ready and focused, not panicked. Put a note on each kit- to remind that person what to grab!

We discussed what to include in your bags, but now how to prepare you and your family to use them.

You can have as many bags ready as you feel you need for the people you need them for. Also include your sheltering in place needs kit- as part of your bug out kit if you are leaving by vehicle. Many of these items can double up- and save valuable room in your Bags.



FORTIFY YOUR
LIFE